



N

PARK

E

D

Sunshine
Healy Pass

C

A

M

B

S

South: south Whale back, Raspberry Ridge, Adair Ridge, Highwood Junction



Hamilton Lake
Eiffel Peak
Paradise Valley
Saddle back
Taylor Lake
Larch Valley
Sentinel Pass

Stanley Glacier
Shadow Lake
Bergeau Lake
Monarch Ramparts
Sunshine Healy Pass

Aylmer Khookout
Tower/Rockbound Lakes
Johnston Canyon
Edith Pass
Sulphur mtn.
Goat Creek
West Wind Tower
Sparrow Hawk
Tarns
mt. Allia
mt. Colombola

Yamnuska
Middle Heart mt.
Sister
Mt Lady McDonald
Pigeon mtn.
Baldy Pass
Wind Ridge
Wasootch
Midnight Peak
Ribbon Creek
Catalpa Lakes
Old Baldy Ridge
Tent Ridge
Mt. Engadine
Rummel Pass
The Fortress
Chestnut Lake
James Walker Creeks

Belmore
Cox Hill
Browne Peak
Prairie mtn.
Jumping Pound Ridge
Powder Face Ridge
Nihahi Ridge
Kananaskis
Forget me not Ridge

Mt. Indefatigable
Rawson Lake
Frozen Lake
Ptarminigan Cirque
Grizzly Col
Highwood Ridge
Elbow Lake
Piper Pass
Rae Glacier
Windy Point Ridge
Junction
Blue rock mtn. Cr./mtn.
Mist Ridge
Picklejar Lakes
Bull Creek Hills
Junction Hill

Hamilton Lake
Eiffel Peak
Paradise Valley
Saddle back
Taylor Lake
Larch Valley
Sentinel Pass
Stanley Glacier
Shadow Lake
Bergeau Lake
Monarch Ramparts
Sunshine Healy Pass
Mt. Assiniboine
Prov. Park
Tent Ridge
Mt. Engadine
Rummel Pass
The Fortress
Chestnut Lake
James Walker Creeks
Mt. Indefatigable
Rawson Lake
Frozen Lake
Ptarminigan Cirque
Grizzly Col
Highwood Ridge

North
Bow Hut
Bow Lake
Helen Lake, Cirque Peak
Peytolake
Banff
Yamnuska
Middle Heart mt.
Sister
Mt Lady McDonald
Pigeon mtn.
Baldy Pass
Wind Ridge
Wasootch
Midnight Peak
Ribbon Creek
Catalpa Lakes
Old Baldy Ridge
Tent Ridge
Mt. Engadine
Rummel Pass
The Fortress
Chestnut Lake
James Walker Creeks
Elbow Lake
Piper Pass
Rae Glacier
Windy Point Ridge
Junction
Blue rock mtn. Cr./mtn.
Mist Ridge
Picklejar Lakes
Bull Creek Hills
Junction Hill

Meeting Spot
PGan
Banff
Coalgov
Bray's Creek
Belmore
Cox Hill
Browne Peak
Prairie mtn.
Jumping Pound Ridge
Powder Face Ridge
Nihahi Ridge
Kananaskis
Forget me not Ridge
Elbow Lake
Piper Pass
Rae Glacier
Windy Point Ridge
Junction
Blue rock mtn. Cr./mtn.
Mist Ridge
Picklejar Lakes
Bull Creek Hills
Junction Hill

Hamilton Lake
Eiffel Peak
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Rawson Lake
Frozen Lake
Ptarminigan Cirque
Grizzly Col
Highwood Ridge

Shell Oiltimers – Proposed Snowshoe Trips for 2017/2018 Rev. 4

Date 2017/18	Snowshoe Destination	Contact	Cell #	Total Distance (km)	Elevation Gain (m)	Level	Carpool
Nov. 7	Highwood Pass Elbow Lake & Elbow Valley/Rae Glacier	Mike Stead	587-433-2674	6.5	<200 - 300	1-3	\$15
Nov. 14	Highwood Pass Pocaterra tarn	Mike Stead	587-433-2674	5	500	3	\$15
Nov. 21	Peter Lougheed – Spray Valley Chester Lake & Elephant Rocks	John Mannix	587-433-4377	7.8 10.3	287 375	3 3	\$15
Nov.28	Peter Lougheed-Spray Valley Hogarth Lakes	Anne Davis	587-700-2693	4	50	1	\$15
Dec. 5	Lake Louise Pipestone River Loops	Anne Davis	587-700-2693	6	100	1	\$20
Dec. 12	Peter Lougheed - Visitor Centre King Creek Canyon	John Mannix	587-433-4377	5	100	1	\$15
Dec. 19	Peter Lougheed – Spray Valley Mount Shark Tryst Lake	Marty Way	403-312-3571	6	300	1-3	\$15
Jan. 2	Peter Lougheed- Elk Pass Elk Pass	Ric Young 403-286-2019	No cell #	11	250	3	\$15
Jan. 9	Peter Lougheed- Spray Valley Sawmill to Chester	Nancy Armour	403-451-9496	8 - 9	200-250	2	\$15
Jan. 16	Banff Sunshine Ski Area	Loral Stewart		5	250	1/2	\$20
Jan. 23	Peter Lougheed-Spray Valley Watridge Lake	Mike Stead	587-433-2674	10	200	2	\$15
Jan. 30	Sandy McNabb Long Prairie Ridge/Death Valley Loop or Wolf Creek	John Mannix	587-433-4377	6.5- 10.1	?	1/2	\$15
Feb. 6	West Bragg Creek Snowshoe Hare loop plus extension	Don Semeniuk		10	200	2	\$15
Feb. 13	Bragg Creek near Allen Bill Pond Fullerton Loop	Derek Kenward	587-433-6896	6	230	2	\$10
Feb. 20	Banff Sulphur Mtn. Cosmic Ray Road take the gondola	Phil Walker	403-241-	5	800	3+	\$15

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	down		3075				
Feb. 27	Calgary Cross Conservation Area	Mike Stead	587- 433- 2674	10	50	2	\$5
Mar. 6	Peter Lougheed – Spray Valley James Walker Creek	Ric Young 403-286- 2019	No cell	8.6	260	3	\$15
Mar. 13	Peter Lougheed-Spray Valley Warspite Lake	Mike Stead	587- 433- 2674	5	150	1	\$15
Mar. 21	Banff Johnson Lake/Lake Minnewanka	Ron Pelkey 403-208- 6884		6	250	3	\$20
Mar. 28	West Bragg Creek Snagmore and Iron Springs Loop	John Mannix	587- 433- 4377	10	150	2	\$10

Notes:

- (1) Level 1 trails are usually less than 7 km, flat or gently rolling terrain, up to 150 m elevation gain, and may take 2 to 3 hours.
- (2) Level 2 trails are usually between 7 to 9 km, up to 250 m elevation gain, and may take between 3 to 4 hours.
- (3) Level 3 trails are usually between 8 to 12 km, elevation gain greater than 250 m, and may take between 4 to 6 hours.
- (4) Car pool costs are not meant to be prescriptive. Passengers should agree with drivers to fairly compensate them for their costs.
- (5) We may need to be nimble and change things up periodically, depending on weather and local conditions, which always seem to vary from time to time and place to place, especially in the winter.
- (6) A trip may be cancelled if the forecast high temperature at the destination on The Weather Network is -20 C and lower, or wind chill exceeds -25.
- (7) Additional trips may be added for April 2018.