



2018 Shell Oiltimers Club Hikes

All day Tuesday hikes are planned for areas generally west of Calgary (see the proposed Hike Schedules below). In these schedules, there are references to guide books, in which descriptions can be found for each given hike. A Master Hiking Map is also available at the Club website (www.shelloiltimers.com) showing typical hikes possible in each area with guide book references. Many other useful guidebooks are also available from retailers such as Mountain Equipment Co-Op.

With respect to the hikes:

- Participants are suggested to meet at the pre-arranged meeting place shown in the schedules to form car pools, so as to accommodate a departure time of 8:30 AM.
- Unless otherwise indicated, the meeting place will be near the PetroCan station, specifically at the north end of Township Road 245A, immediately west of Highway # 22 and north of Highway # 1, as shown on the Master Hiking Map.
- At the end of the day, car pool passengers are expected to pay car pool drivers a fair share of transportation costs
- Participants must be familiar with and follow safe hiking practices (see Note #1, below). Participants must know the limits of their capabilities, and hike within them.
- Participants with similar capabilities will hike together, in groups, preferably containing four or more adults.
- Participants will assemble at the trail head before each hike to arrange groupings and timing. Participants will research each given hike before attempting it and bring any useful maps, etc.
- Participants who are more knowledgeable of a given hike will assist those who are less knowledgeable.

Oiltimers, friends and family members are welcome to participate in the hikes on the understanding that participants are responsible for themselves and any accompanying minors, and that each participant holds all other participants harmless in respect of any harm or damage, arising from the hikes or associated activities, that may be suffered by them or accompanying minors.

Note: Safe hiking information can be found in the referenced guidebooks and on many hiking club websites, such as the Esso Annuitants Hiking Club, at <http://www.essoannuitants.ca/hiking/Policies%20and%20Guidelines.docx> (see section 4) or the Rocky Mountain Ramblers, at www.ramblers.ab.ca. It may also be helpful to bring any available communication devices for use if the need arises.

Use the following contact information to sign up for weekly hiking invitations or if you have any comments or questions:

Email: hiking@shelloiltimers.com
Telephone: Ron Pelkey (403) 208-6884
Ric Young (403) 286-2019
John Mannix (403) 278-1288



2018 Shell Oiltimers Club Hikes

Schedule 1: 'Less Strenuous' Hike Proposals

(Park Hikes in Red)

Date / Coordinator	Reference*	Hike Description Note: we normally meet, to form car pools, at the Petrocan on Hwy 22, for an 8:30AM departure.	Car Pool Costs** (\$)	Distance (km)	Elevation (m)
05/15/18	Meet & Greet	Meet @ 9:30 AM @ Shaganappi Parking Lot, Nose Hill Park.	NA	10±	100±
05/22/18/Ry	https://www.albertaparks.ca/parks/central/dry-island-buffalo-jump-pp/	Dry Island Buffalo Jump Prov. Park (Will meet @ Bass Pro in CrossIron Mills to form car pools)	20	many	options
05/29/18/PW	Vol 2 #27A	Mustang Hills Loop	10	7.3	372
06/05/18/CvM	Vol 4 #16	Foran Grade (Will meet @ Hwys 22 and 22X to form car pools)	20	6.6	229
06/12/18/LS	Vol 1 #12A	Porcupine Creek	15	7±	250±
06/19/18/DP	Vol 1 #96	James Walker	20	8.6	259
06/26/18/AD	Vol 2 #52	Nihahi Meadows	10	<8	<400
07/03/18/JB	Vol 5 #51	Coyote Hills "Lite" (Will meet @ Hwys 22 and 22X to form car pools)	20	6.5±	350±
07/10/18/RP	Vol 5 #24, 25	Cat Creek Trails (many options)	15	5 to 12	116 - 296
07/17/18/DC	***Copeland #72	Laughing Falls (early departure)	20	9.4	90
07/24/18/NF	Vol 1 #66, 69	Hidden Lake	15	12.2	60
07/31/18/NA	Vol 1 #84	Tryst Lake	20	6.6	260
08/07/18/TT	***Copeland #66	Lake Agnes Tea House	20	7	390
08/14/18/NR	***Copeland #30	Molar Creek (early departure)	20	12±	200±
08/21/18/JM	***Copeland #6	Lake Annette	20	14	245
08/28/18/MS	Vol 5 #3, 7	Gunnery Creek/Grass Pass options (Will meet @ Hwys 22 and 22X to form car pools)	20	6±	400±
09/04/18/JS	***Copeland #46	Bow Lookout	20	6	235
09/11/18/DK	Vol 5 #57	Cataract Creek (Will meet @ Hwys 22 and 22X to form car pools)	20	10.2	150
09/18/18/tbd	Vol 3 #84	Sparrowhawk Creek	20	<11	<600
09/25/18/PS	Vol 2 #7	Fullerton Loop	10	6.6	219

Note: Background information and a Master Map of the region can be seen by following the link at: <http://www.shelloiltimers.com/SOTA%20Home.htm>

*References are Volume and Hike numbers from Daffern's Kananaskis Country Trail Guide, 4th Ed., unless otherwise indicated.

**This column is not meant to be prescriptive. Passengers should agree with drivers to fairly compensate them for their costs incurred.

***Copeland "Don't Waste Your Time in the Canadian Rockies" 5th Ed.



2018 Shell Oiltimers Club Hikes

Schedule 2: 'More Strenuous' Hike Proposals

(Park Hikes in Red)

Oiltimer 'More Strenuous' Hike Proposals for 2018 (Park Hikes in Red)

Date/ Coordinator	Reference*	Hike Description Note: we normally meet, to form car pools, at the Petrocan on Hwy 22, for an 8:30AM departure.	Car Pool Costs** (\$)	Distance (km)	Elevation (m)
05/15/18	Meet & Greet	Meet @ 9:30 AM @ Shaganappi Parking Lot, Nose Hill Park.	NA	10±	100±
05/22/18/Ry	https://www.albertaparks.ca/parks/central/dry-island-buffalo-jump-pp/	Dry Island Buffalo Jump Prov. Park (Will meet @ Bass Pro in CrossIron Mills to form car pools)	20	many	options
05/29/18/PW	Vol 2 #31	Powderface Ridge	10	13.4	640
06/05/18/CvM	Vol 4 #50, 51	Volcano Summit	20	16.1	542
06/12/18/LS	Vol 1 #13	Porcupine Ridge	15	9.2	713
06/19/18/DP	Vol 1 #96A	Beyond James Walker	20	<16.4	580±
06/26/18/AD	Vol 2 #52A	Nihahi Ridge	10	11.2	762
07/03/18/JB	Vol 5 #51	Coyote Hills (Will meet @ Hwys 22 and 22X to form car pools)	20	9+	625+
07/10/18/RP	Vol 5 #27	Lineham Ridge	15	13.6	844
07/17/18/DC	***Copeland #13	Iceline (early departure)	20	17±	690
07/24/18/NF	Vol 1 #68A	Rawson Ridge (Lake option for fishers)	15	10.6	671
07/31/18/NA	Vol 1 #85	Birdwood Lakes	20	14.6	800±
08/07/18/TT	***Copeland #26	Mount St. Piran	20	13	920
08/14/18/NR	***Copeland #30	Molar Pass (early departure)	20	20.4	540
08/21/18/JM	***Copeland #6	Giant Steps	20	20.6	400
08/28/18/MS	Vol 5 #8	Holy Cross (early departure) (Will meet @ Hwys 22 and 22X to form car pools)	20	12.2	1250
09/04/18/JS	***Copeland #9	Caldron Lake	20	16	685
09/11/18/DK	Vol 5 #56	Raspberry Ridge (Will meet @ Hwys 22 and 22X to form car pools)	20	9.2	649
09/18/18/tbd	Vol 3 #84	Sparrowhawk Tarns	20	11.4	671
09/25/18/PS	Vol 2 #17	Moose Mountain	10	15	610

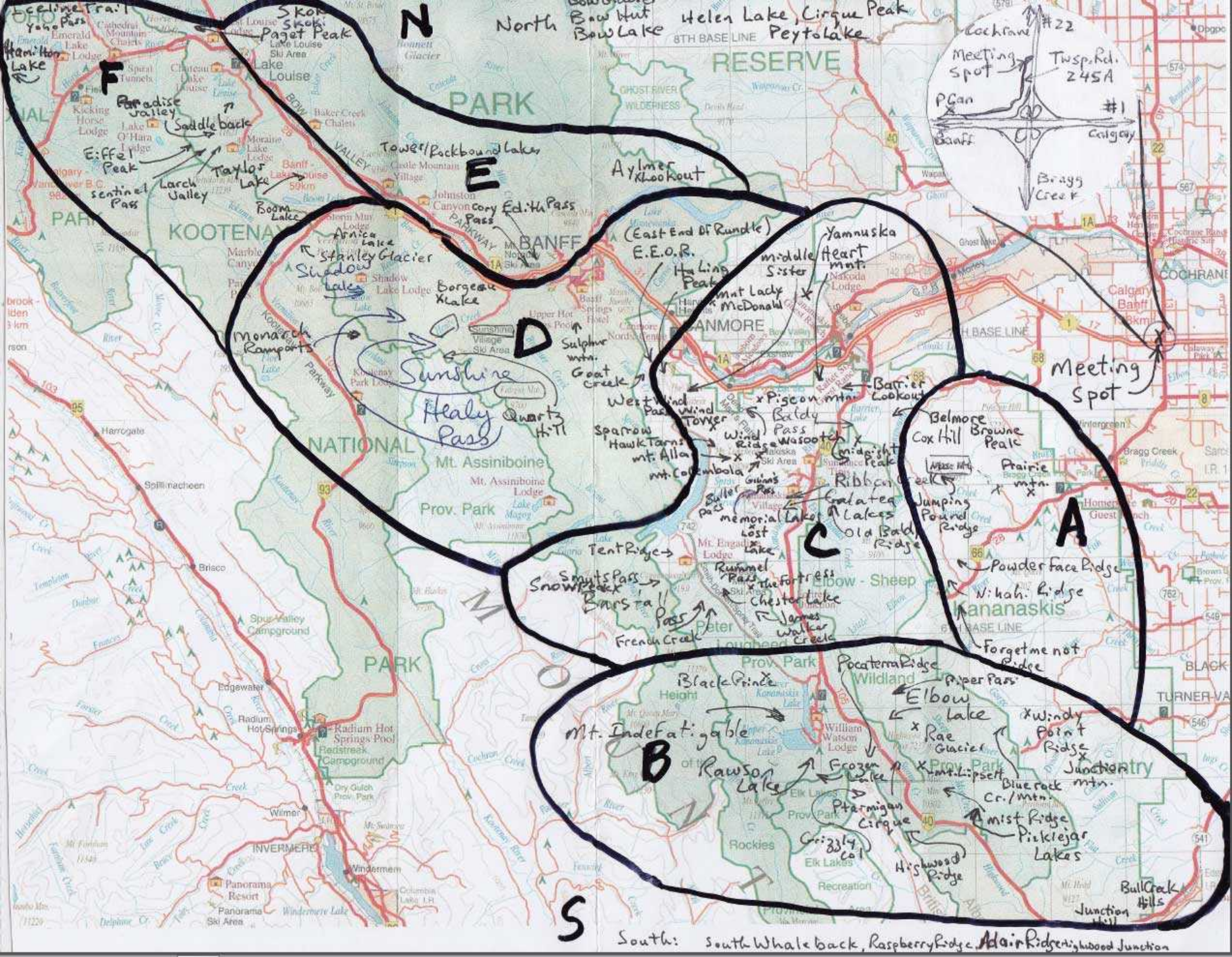
Note: Background information and a Master Map of the region can be seen by following the link at:

<http://www.shelloiltimers.com/SOTA%20Home.htm>

*References are Volume and Hike numbers from Daffern's Kananaskis Country Trail Guide, 4th Ed., unless otherwise indicated.

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N

PARK

E

North Bow Hut
Bow Lake

Helen Lake, Cirque Peak
Peyto Lake

Cochrane #22
Meeting Spot
Twp. Rd. 245A
#1
Bray's Creek

Hamilton Lake

F
Paradise Valley
Eiffel Peak
sentinel Pass
Larch Valley
Taylor Lake

Saddle back

Room Lake

Tower/Rockbound Lakes

Aylmer Khookout

Paradise Valley

Stanley Glacier
Shadow Lake

Banff Park Pass

(East End of Rundle)
E.E.O.R.

Yamnuska
Middle Heart mt.
Sister

Mt. Lady McDonald

Eiffel Peak

Arnie Lake

Borgoau Lake

West Wind Tower

Pigeon mt.

Baldy Pass

Meeting Spot

Monarch Ramparts

Sunshine

Healy Pass

Sulphur mtn.

Wind Ridge

Wasootch

Belmore

Harrogate

Quartz Hill

Mt. Assiniboine

Sparrow Hawk Tarns

Wind Ridge

Midnight Peak

Cox Hill

Spillmacheen

Prov. Park

Mt. Assiniboine Lodge

mt. Allard

Wind Ridge

Wasootch

Prairie mtn.

Brisco

French Creek

Prov. Park

mt. Columbola

Wind Ridge

Wasootch

Jumping Pound Ridge

Edgewater

French Creek

Prov. Park

mt. Engadine

Wind Ridge

Wasootch

Powder Face Ridge

Radium Hot Springs Pool

French Creek

Prov. Park

mt. Engadine

Wind Ridge

Wasootch

Nihahi Ridge

Wilmier

French Creek

Prov. Park

mt. Engadine

Wind Ridge

Wasootch

Forget me not Ridge

Wilmier

French Creek

Prov. Park

mt. Engadine

Wind Ridge

Wasootch

Forget me not Ridge

Wilmier

French Creek

Prov. Park

mt. Engadine

Wind Ridge

Wasootch

Forget me not Ridge

Wilmier

French Creek

Prov. Park

mt. Engadine

Wind Ridge

Wasootch

Forget me not Ridge

Wilmier

French Creek

Prov. Park

mt. Engadine

Wind Ridge

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Forget me not Ridge

Wilmier

French Creek

Prov. Park

mt. Engadine

Wind Ridge

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Forget me not Ridge

Wilmier

French Creek

Prov. Park

mt. Engadine

Wind Ridge

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Forget me not Ridge

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French Creek

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French Creek

Prov. Park

mt. Engadine

Wind Ridge

Wasootch

Forget me not Ridge

Wilmier

French Creek

Prov. Park

mt. Engadine

Wind Ridge

Wasootch

Forget me not Ridge

S

South: south Whale back, Raspberry Ridge, Adair Ridge, Highwood Junction

Master Map Area References

“A” AREA HIKES:

Name	Page Reference in Daffern's Kananaskis Country Trail Guide 3rd Ed. Vol. 2	Page Reference in Daffern's Kananaskis Country Trail Guide 4th Ed. Vol. 2
Belmore Brown Peak	p. 289	pp. 214, 219
Cox Hill	p. 296	pp. 229, 232
Forget me not Ridge	p. 253	p. 119
Jumping Pound Ridge	p. 295	p. 226
Moose Mountain	p. 235	p. 193
Nihahi Ridge	p. 281	p. 178
Powderface Ridge	p. 246	pp. 101, 105
Prairie Mountain	p. 241	p. 72

“B” AREA HIKES:

Name	Page Reference in Daffern's Kananaskis Country Trail Guide 3rd Ed.	Page Reference in Daffern's Kananaskis Country Trail Guide 4th Ed.
Black Prince Lakes	Vol. 1, p. 195	
Blue Rock Creek/Mountain	Vol. 2, p. 185	Vol. 4, pp.93, 98, 100
Bull Creek Hills	Vol. 2, p. 142	
Elbow Lake	Vol. 1, p. 247	Vol. 1, p. 145
Frozen Lake	Vol. 1, p. 202	Vol. 1, p. 171
Grizzly Col	Vol. 1, p. 254	Vol. 1, p. 149
Highwood Ridge	Vol. 1, p. 252	Vol. 1, p. 156
Indefatigable	Vol. 1, p. 231	Vol. 1, p. 227
Junction Hill	Vol 2, p. 131	
Junction Creek/Mountain	Vol. 2, p. 180	Vol. 4, p. 101
Lipsett, Mount	Vol. 2, p. 19	
Mist Ridge	Vol. 2, p. 29	
Picklejar Lakes	Vol. 2, p. 33	
Piper Creek/Pass	Vol. 2, p. 262	

Pocaterra Ridge	Vol. 1, p. 250	Vol. 1, p. 141
Ptarmigan Cirque		Vol. 1, p. 147
Rae Glacier	Vol. 1, p. 247	Vol. 1, p. 146
Rawson Lake	Vol 1, p. 234	Vol. 1, p. 191
Windy Point Ridge	Vol. 2, p. 164	Vol. 4, p. 63

“C” AREA HIKES:

Name	Page Reference in Daffern's Kananaskis Country Trail Guide 3rd Ed. Vol. 1	Page Reference in Daffern's Kananaskis Country Trail Guide 4th Ed. Vol. 1
Allan, Mount	pp. 74, 116	p. 75
Baldy Pass	pp. 103, 106	pp. 20, 38
Barrier Lookout	p. 100	p. 35
Buller Pass	p. 163	p. 233
Burstall Pass	p. 181	p. 265
Chester Lake	p. 189	p. 283
East End of Rundle	p. 147	
French Creek	p. 184	p. 273
Galatea Lakes	p. 128	p. 97
Guinn's Pass	p. 129	p. 99
Ha Ling Peak	p. 149	
Heart Mountain	p. 92	
James Walker Creek	p. 194	p. 292
Lady McDonald, Mount	p. 51	
Lost Lake	pp. 131, 187	pp. 102, 282
Memorial Lakes	p. 122	p. 84
Midnight Peak		p. 39
Old Baldy	p. 139	p. 116
Pigeon Mountain	p. 73	
Ribbon Creek	p. 119	p. 79
Rummel Lake/Pass	p. 186	p. 278
Smuts Pass	p. 174	

Snow Peak		p. 271
Sparrow Hawk Tarns	p. 160	
Tent Ridge	p. 171	p. 250
The Fortress		p. 290
Wasootch Creek/Ridge	pp. 109, 111	pp. 49, 52
West Wind Pass/Wind Tower	pp. 153, 155	
Wind Ridge	p. 67	
Yamnuska	p. 88	

“D” AREA HIKES:

Name	Page Reference in Copeland's Don't Waste Your Time in the Canadian Rockies 5th Ed.	Page Reference in Potter's Ridgewalks in the Canadian Rockies (2001)
Arnica Lake/Twin Lakes	p. 169	
Borgeau Lake	p. 53	
Healy Pass/Monarch	pp. 119, 272	p. 170
Quartz Hill	p. 49	p. 168
Redearth Creek/Shadow	p. 123	
Stanley Glacier	p. 192	
Sulphur Mountain	pp. 226, 434	p. 163

“E” AREA HIKES:

Name	Page Reference in Copeland's Don't Waste Your Time in the Canadian Rockies 5th Ed.	Page Reference in Potter's Ridgewalks in the Canadian Rockies (2001)
Aylmer Lookout	p. 422	
Cory Pass/Edith Pass	p. 164	
Johnston Canyon	p. 457	
Tower/Rockbound Lakes	p. 230	

"F" AREA HIKES:

Name	Page Reference in Copeland's Don't Waste Your Time in the Canadian Rockies 5th	Page Reference in Potter's Ridgewalks in the Canadian Rockies (2001)
Boom Lake	p. 232	
Consolation Lakes	p. 176	
Hamilton Lake	p. 245	
Iceline Trail	pp. 25, 85, 321	
Larch Valley/Sentinel Pass	p. 57	
Paget Peak	p. 203	
Panorama Ridge		p. 191
Paradise Valley	p. 60	
Saddleback	p. 134	
Taylor Lake	p. 173	
Yoho Pass	p. 199	